

CURRENT PARENTING COURSES

January 2010

(updated on: 17/12/09)

This is a list of parenting courses currently available. You can find up to date and more detailed course information on the Family Directory via the following link www.islington.gov.uk/familydirectory .You need to search under parenting programmes in Islington. Please contact the named contact if you would like further information Courses have been listed by area however parents can attend courses in other areas

For information about parenting and family support services please contact **Islington Family Information Service** : 020 7527 5959

For advice and information on parenting programmes for parents of children 8- 19 yrs . Parents can call Coram Islington Parenting Support Service on the Free help line 0808 1685717 .Agencies need to call 020 7561 8461

Start date	Name of programme	Target group	Course length	Time	Crèche	Place	Course contact	How to register for a place
ALL AREAS								
Mid January tbc Thursday mornings	SFSC	Parents of excluded pupils or those at risk of exclusion Aged 10 +	13 weeks X 3 hours	9.30 – 1	Support for childcare	St David's Church Hall Lough Rd	Sharon Shah Rapid Response Team 020 7527 7794 Natasha Kalogeropoulou Educational Psychology Service 0207 5272 8993	Please contact course leaders
HOLLOWAY								
Thursdays 14 th January	SFSC	Parents of 3 – 13yrs	13 weeks X 3 hours	9.30 – 12.30	yes	Hungerford school and children's centre	Miranda Di Pino or Carole Byham 020 7 607 4187	Priority for parents of 3-5yrs Speak to Carole parents of 8-13yrs Contact Miranda
Provisional date 12 th Jan Tuesday	SFSC (Bengali)	Bengali speaking parents 8 – 13yrs	13 weeks X 3 hours	Am	yes	Paradise Park Childrens centre TBC	Ethnic Minority Achievement Service (EMAS) Rahma Samater 020 7527 5899	Priority for parents of 8-13yrs Contact Rahma
Provisional date Thursday 18 th January	SFSC (Bengali)	Bengali speaking parents 8 – 13yrs	13 weeks X 3 hours	Am	yes	Robert Blair TBC	Ethnic Minority Achievement Service (EMAS) Rahma Samater 020 7527 5899	Priority for parents of 8-13yrs Contact Rahma

Mid January (TBC) Thursday mornings	SFSC	Parents of excluded pupils or those at risk of exclusion Aged 10 +	13 weeks X 3 hours	9.30 – 1 with breakfa st	Support for childcare	St Davids Church Hall Lough Rd	Sharon Shah Rapid Response Team 020 7527 7794 Natasha Kalogeropoulou Educational Psychology Service 0207 5272 8993	contact course leaders
HORNSEY								
Friday 15 th February	Group Teen Triple P	Parents of 12- 16 yrs	8 weeks X 2 hours	10 am – 12pm	No	10 Manor Gardens	Coram Islington Parenting Support Service Contact Tracey on 020 7561 8461	Parents and agencies to contact directly Parents can ring free parenting support line 08081685717
February 2010 After half term weds or Friday TBC	SFSC	Parents of 8-13yrs	13 weeks X 3 hours	9.15- 12.30	yes	Montem School	Tammy Whyte 0207 272 6556	Priority for parents of children in school or neighbouring schools Contact Tammy
HIGHBURY								
February/March 2010 After half term tbc	SFSC	Parents of 3- 13 yrs	13 weeks X 3 hours	tbc	yes	Ambler school Delivered in partnership with Conewood Children's centre	Maria Galster 0207 226 4708	Priority for parents of 3-5yrs Contact Deanne 020 7527 4440 and 8-13yrs Contact Maria
CANONBURY								

Ist week in feb TBC	SFSC	Parents of 3- 13 yrs	13 weeks X 3 hours	tbc	Yes	Rotherfield school	Jenny Lesadd 0207 226 6620	Priority for parent of children in school or neighbouring schools Contact Jenny
BARNSBURY								
Mondays 22 nd February	SFSC	Parents of 8- 13yrs	13 weeks X 3 hours	10 – 1	yes	EGA In partnership with Coram Islington Parenting Support Service	Sophie Wales 020 78370 0739	Priority for parent of children in school or neighbouring schools Contact Sophie or Marilia at Coram 02075618461
Monday 22 nd February	SFSC	Parents of 8- 13yrs	13 weeks X 3 hours	9- 12	yes	Winton School	Sue Mendison Assistant head 0207 837 6096	Priority for parent of children in school or neighbouring schools Speak to Sue or Alan Alexis
Friday 29 th Jan	Mellow Parenting	Mothers of children 0- 5	14 weeks one day a week	10 – 2.30	Yes	Bemerton children's centre	Tbc	Referral only within children's social care Social workers contact Yvonne Michaels
FINSBURY								
6 th Jan Wednesdays	SFSC	Parents of children 3- 18yrs	13 weeks X 3 hours	Times 9.30- 1.30 with lunch	yes	Moreland Children's Centre	Margaret Johns 020 7527 3566 or Jennifer Savage 020 7336 8451	Speak to Margaret or Jennifer
Tuesday 12 th January	Family links	Parents of children 5- 13 yrs	10 weeks X2hrs	10 – 12	No	St Lukes Community Centre	Valda Dagnall Family Action 0207 272 6933	Speak to Valda (maybe waiting list)

OUTSIDE ISLINGTON								
January 2010 Thursday 7th	Love and limits Programme	Parents of 12- 16 yrs who are finding their teenager challenging	8 weeks X 2 hours	6 pm - 8pm	No	Brandon Centre 26 Prince of Wales Rd Kentish Town	Katrina Wright 020 7424 9935	Referral and parents can contact directly
Friday 8 th Jan	Love and limits Programme	Parents of 12- 16 yrs who are finding their teenager challenging	8 weeks X 2 hours	10am – 12pm	No	Brandon Centre	Katrina Wright 020 7424 9935	Referral and parents can contact directly
Ongoing	Parentline plus Telephone groups FREE telephone parenting groups	Parents of children all ages who prefer to talk on the phone or find it hard to get out of the house Parents are matched with parents of similar aged children and issues	6 weeks X 1.5 hours		No	On the phone	Contact on 020 7284 5536 or www.parentlineplus.org.uk When parents register for a group, they will be contacted to discuss what group would suit best	Open access by phone or email

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please note I work part time and will normally be available on Monday, Tuesday , or Thursday afternoon